# INSPRESSION STRUCTURE STRU

A GUIDE TO THE PROGRAMS AND SERVICES THAT MAKE JEWISH BALTIMORE A GREAT PLACE TO LIVE, WORK AND PLAY.

THERE'S MORE TO EXPLORE ONLINE AT ASSOCIATED.ORG.

# **Table of Contents**

- 4 Uniting Jewish Baltimore
- 6 20s & 30s
- **10** Advocacy & Community Building
- **12** Families with Young Children
- 15 Hands-on Volunteering
- 18 Israel & Overseas

**31** Support Services

23 Professionals

25 Seniors (55+)

28 Special Needs

20 Jewish Learning & Connections

34 Teens

- 37 Women
- 39 Ways to Give
- 40 Spend Your Weekend in Jewish Baltimore
- 42 Agencies & Programs



# WELCOME TO INSPIRING JEWISH BALTIMORE, YOUR GUIDE TO INVOLVEMENT AND RESOURCES IN THE JEWISH COMMUNITY, BROUGHT TO YOU BY THE ASSOCIATED: JEWISH COMMUNITY FEDERATION OF BALTIMORE.

Throughout this publication, you'll find the programs and services that make up Jewish Baltimore as well as stories of community members just like you - illustrating different paths to involvement and windows of opportunity to participate in Jewish life.

What's in store for you this year? Do you want to mix and mingle with other Jewish families or singles? Do you want to enrich your understanding of Jewish tradition? Are you interested in helping other community members? Or are you looking for ways to deepen family bonds?

Lead a life connected to our community. Network with other professionals in your industry at happy hours across town. Build relationships with people overseas and discover the bonds that hold us together. You can do all of that – and more! – right here. Inspiring Jewish Baltimore is here to guide you on that journey.

WE HOPE THAT YOU FIND A WAY TO BECOME (OR STAY) INVOLVED IN JEWISH LIFE, HERE IN BALTIMORE AND BEYOND. If you're not sure where to start, we're here to help! Give us a call at 410-727-4828 or email us at information@associated.org.

Thanks for reading! We hope to see you soon.





# **Uniting Jewish Baltimore**

# Take Jewish Baltimore on the go.

LIKE, TWEET, SHARE AND POST. Connect with us on social media to gain access to all things #JewishBaltimore – with just the push of a button or the swipe of a finger.

FACEBOOK.COM/THEASSOCIATED

TRACTICE DE LE COLORADO DE LE COLORA

@THEASSOCIATED

You Tube

YOUTUBE.COM/JEWISHBALTIMORE

ASSOCIATED.ORG

THE ASSOCIATED: JEWISH COMMUNITY FEDERATION **OF BALTIMORE** 

## WHAT EXACTLY DO YOU DO?

That's a common guestion at The Associated: Jewish Community Federation of Baltimore. The short answer is: we do quite a lot.

We are 25 agencies and programs that make up our community in Baltimore as well as communities in Israel and around the world. We create community in Baltimore. We feed the hungry. We shelter the homeless. We educate our children for a lasting future. We protect the defenseless - so they know that they are not alone. We create positive Jewish identities – from baby to bubbe. Together, with you, we do all of this – and so much more.

The Associated is Jewish philanthropy in Baltimore. We function as the fundraising arm for most of the Jewish organizations that serve our community, both locally and abroad. We identify the needs of our community – all to build a strong tomorrow for future generations.

Our Annual Campaign brings together the community to accomplish this very important mission. Each year, with the help of hundreds of volunteers and thousands of generous donors, we raise more than \$30 million. By building community, developing leaders and planning for the next generation, we strive to do the most good – not only for right here in Jewish Baltimore, but also for Jews around the world.

Whether you are looking for long-term involvement, occasional opportunities or a one-time experience, there is something for everyone. Join us and get connected to Jewish Baltimore!

# **OUR MISSION**

The Associated: Jewish Community Federation of Baltimore strengthens and nurtures Jewish life by engaging and supporting community partners in Greater Baltimore, Israel and around the world.

# **OUR VISION**

*The Associated will secure the resources* necessary to address the evolving landscape of Jewish life, ensuring a vibrant community for future generations.

# 20s & 30s



# The place for you to grow your career – or to make an impact - is right here in Jewish Baltimore.

Hang out at a social gathering, meet new people at a networking event or discover something new through a life-changing trip to Israel. No matter the life stage, you can join other young Baltimoreans who are traveling on their Jewish journeys together.

associated.org/20s30s

# YOUNG LEADERSHIP COUNCIL (YLC)

### THE ASSOCIATED ▼ associated.org/20s30s/ylc

YLC is a two-year leadership development program that engages young adults, ages 22 to 39, who aspire to hold key positions within The Associated and the Baltimore Jewish community. Through educational and fundraising programs, community service projects and agency board observation experiences, participants gain an array of leadership skills and develop an understanding of The Associated, Baltimore's Jewish community and the importance of philanthropy.

### **CHARM CITY TRIBE** JEWISH COMMUNITY CENTER (JCC) ▶ jcc.org/charmcitytribe

New to town or ready to tap in to Jewish Baltimore? Charm City Tribe seeks to build community among young adults in their 20s and 30s, living in downtown Baltimore, who want to discover Jewish culture in creative ways. They provide an entry point to meet other young adults interested in being part of a diverse and open Jewish community.

### **JDC ENTWINE** THE ASSOCIATED

### ▼ associated.org/20s30s/travel

Explore Jewish communities around the world with JDC Entwine, a one-of-a-kind travel experience for young professionals seeking to make a meaningful impact on global Jewish needs and international humanitarian issues. Partner of the Associated, The American Joint Distribution Committee (JDC) is the world's leading Jewish humanitarian organization impacting people in more than 70 countries.

# **YOUNG PROS COUNTERING BDS**

### THE ASSOCIATED AND BALTIMORE JEWISH COUNCIL (BJC)

### ▼ associated.org/20s30s/travel

Young Pros Countering BDS is a multi-session series of workshops and speakers for young adults to learn techniques to combat the Boycott, Divestment and Sanctions movement and become better-informed, stronger advocates for Israel and the Jewish people.

### **BALTIMORE ONWARD** ISRAEL

### THE ASSOCIATED ▶ associated.org/ 20s30s/travel

Immerse yourself in Israeli culture while developing your professional future.

Onward Israel is a personalized eightweek summer internship program subsidized by The Associated's Israel Engagement Center. Join a select cohort of college students and recent graduates from Baltimore to live like a local in Tel Aviv while receiving a high-level internship experience.

### **CONVERSATIONS HAPPENING AROUND** TOWN (CHAT) THE ASSOCIATED

### ▶ associated.org/20s30s/chat

Explore the Baltimore Jewish community, contemporary issues and your Jewish identity in small neighborhood groups. Hosted in a home of your peers, this multi-session program offers opportunities for you to make an impact within Jewish Baltimore and beyond.

# IFIKNEW

### JEWISH COMMUNITY SERVICES (JCS) ▶ iflknew.org

iflknew is a program for young adults that uses a multi-media approach, including social media and in-person programs, to address the contemporary issues that can impact the well-being, self-image, careers and relationships of people in their 20s and 30s.

# LEADERSHIP DEVELOPMENT **PROGRAM (LDP)**

# **BALTIMORE JEWISH COUNCIL (BJC)**

▶ baltjc.org/leadership-development Participants meet with government officials and community leaders who address local, national and international issues, in order to develop an understanding of all aspects of Jewish community relations and public

affairs. Jewish individuals of different backgrounds, ages and interests are encouraged to apply. LDP is a one-year commitment with monthly sessions.

# **MASA ISRAEL** THE ASSOCIATED

▶ associated.org/20s30s/trave Masa Israel offers a variety of long-term immersive Israel experiences for young adults, ages 18 to 30. Whether you are looking to take a gap year, study abroad, volunteer, intern or teach English post-college, there are more than 200 programs to meet your personal needs.

# PLANNED GIVING ROUND **TABLE (PGRT) FOR YOUNG** PROFESSIONALS THE ASSOCIATED

▶ associated.org/pgrtyoungprofessionals PGRT for Young Professionals involves intimate study groups which provide professionals with both the technical planned giving tools and the skills necessary to start a conversation around values with clients.

# **REPAIR THE WORLD:** BALTIMORE JEWISH VOLUNTEER CONNECTION (JVC)

▶ jvcbaltimore.org/repairtheworld Repair the World is a national organization working in partnership with Jewish Volunteer Connection (JVC) to engage millennials in meaningful service projects. They are dedicated to making a difference in the areas of education equity and food justice in Baltimore, as well as much more! Working closely with local nonprofits, Repair the World: Baltimore creates service projects to empower both the communities we serve as well as their volunteers.



# **TAGLIT-BIRTHRIGHT** ISRAEL

### THE ASSOCIATED

▶ associated.org/ 20s30s/travel Birthright Israel provides the gift of a free 10-day trip to Israel for

Jewish young



adults from across the world, ages 18 to 26, to travel with peers and explore remarkable sites of historic, cultural and religious significance.



# Make an IMPACT

THE ASSOCIATED

IMPACT, the young adult division of he Associated, inspires Jewish adults, ages 22 to 39, through fundraising, volunteering and leadership development programs. Men and women from many backgrounds, with diverse interests and talents, explore their Jewish journeys in Baltimore together through IMPACT. Programs range from fundraising to leadership development to social and beyond, where you can meet and mingle in a welcoming environment.

ASSOCIATED.ORG/20s30s

# **Begin your Jewish Baltimore** journey with IMPACT

# TAYLOR GONZALEZ: EDUCATION ADVOCATE AND **BALTIMORE NEWBIE**

ON HER FAVORITE THING ABOUT ISRAEL:

"Aside from the falafel and Bamba snacks? I love the culture, our history, being home. There's an ambiance when you step off the plane and you're welcomed home – it's hard to put this feeling into words. My abuelo (grandfather) boarded the Altalena at 17 to fight in the Independence War of '48, and he felt this intrinsic feeling and yearning for Israel. I don't think I can choose just one favorite tangible thing – but being home is my absolute favorite thing about Israel."

# JON YOFFE: LAWYER AND **NEW DAD**

ON THE BEST PART ABOUT IMPACT: "Whether you're Reform, Orthodox or somewhere in between, IMPACT is about promoting and supporting our community. There are many young people in the organization who are not that observant, but still feel a strong connection to this community and their roots. [My wife Marni and I] love how IMPACT and The Associated strive to be inclusive of all the various sects of our Jewish community. It makes us stronger as a whole."

## **HELENE KAHN: COMMUNITY ADVOCATE AND BALTIMORE AFICIONADO**

ON WHY SHE LOVES OUR COMMUNITY: "We're very lucky in Baltimore. It's easy to take the Jewish community for granted, especially if you grew up here... In smaller towns, you need to make more of an effort. The Associated offers so many opportunities, whether you care about helping the vulnerable or providing social services. You get to feel the impact you are having. It's also a great place to be part of a networked community, professionally and socially."

You just graduated college. The road ahead has never been more uncertain, but one thing you're sure of is your need for a connection. You're ready for a change of pace career-wise. You know that you'll stand out among a pool of applicants if you make professional connections. You have a new baby. Being a parent is the most rewarding job you could have, but you're looking for another couple, or parent, who is experiencing the same joys and challenges of raising a child.

Whatever the life stage you're in, you have a place in Jewish Baltimore with IMPACT, the young adult division (ages 22 to 39) of The Associated. We host social happy hours, volunteer days to give back, professional networking events, philanthropic opportunities, young family programming and so much more.

Baltimoreans are the backbone for our strong and cohesive community. Here are a few faces of IMPACT, the people who give back, love Israel, enjoy the camaraderie in our neighborhoods and take our community to greater heights.

## JULIE BLUMENFELD: **DENTIST AND DEVOTED MOM**

ON WHY SHE GIVES BACK: "The importance of taking an active role in my community was ingrained in me from a very young age. Growing up in Savannah, GA, my friends and I would participate in [the Savannah] Federation's 'Trading Places' program. The program paired up volunteers with organizations needing help on the holiday so that non-Jewish employees and regular volunteers could spend the day with their families ... I truly believe in the importance of empowering other young adults to get involved. I want to help the young adult population realize the importance of philanthropy and leadership and how vital they are to ensuring our future."

# BALTIMORE

# **JEFF SADRI: LAWYER** AND FACULTY MEMBER AT THE UNIVERSITY OF

**ON LONG-LASTING FRIENDSHIPS:** "Although Birthright Israel only lasted 10 days, the friendships I have developed with people on the trip will be everlasting; those of us who live in the Mid-Atlantic region have been regularly getting together! The bond between us is unique and I am truly fortunate to have had the opportunity to embark on an unforgettable journey."

# **DOV HOFFMAN: MARKETER AND** VOLUNTEER

ON EFFECTING CHANGE: "My most meaningful Young Leadership Council (YLC) experience to date has been my observation of Towson Hillel. As an alumna of the university, it is rewarding to help establish and develop a strategy for the Jewish Tigers Alumni Alliance (JTAA), a Jewish alumni alliance collaborating with the university. I'm thankful that YLC has provided me the opportunity to cultivate a strong Jewish alumni network in the area and beyond,

while building a foundation for future Jewish graduates of the university."

# Advocacy & Building



Your voice holds power - know when and how to use it. Start a conversation with your neighbors about supporting one another, speak to elected officials about your social concerns or learn about the issues that affect the quality of life here in Baltimore.

associated.org/getinvolved

### **HAШ BALTIMORE** THE ASSOCIATED

### ▼ associated.org/rsjbaltimore

Connect with your Jewish roots and the Baltimore and global Jewish community. Наш Baltimore is a Russian-speaking Jewish Baltimore initiative that gives voice to members of the Russian-speaking Jewish community through volunteerism, leadership development and philanthropy.

# COMMUNITY ENGAGEMENT

CHAI: COMPREHENSIVE HOUSING ASSISTANCE, INC. chaibaltimore.org/communityorganizing

CHAI helps Baltimore's northwest neighborhoods foster community by working closely with residents and neighborhood associations, offering help with community cohesiveness through leadership, member recruitment and community projects like block beautification projects, neighborhood gatherings and community events.

### **COMMUNITY SUSTAINABILITY** INITIATIVE **PEARLSTONE CENTER**

### **x** pearlstonecenter.org/community-sustainability

Pearlstone's Community Sustainability department empowers local Jewish organizations, individuals and families to practice sustainability through energy efficiency, water conservation and more. Pearlstone offers Green Loans for sustainable projects and assistance in making schools and other insitutions green.

## FALLSTAFF **MULTICULTURAL NEIGHBORHOOD ORGANIZING PROJECT**

COMPREHENSIVE HOUSING ASSISTANCE, INC. **\$**410-500-5300 CHAI, in partnership with

Casa and Fallstaff



Improvement Association, celebrates the multicultural make-up of the Fallstaff neighborhood, by offering community conversation round tables, multi-cultural social gatherings, education and more. All materials are available in both English and Spanish to ensure neighborhood inclusion.

# INTERETHNIC AND **INTERFAITH** DIALOGUES BALTIMORE JEWIS COUNCIL (BJC) ▶ baltjc.org



BJC's interethnic and interfaith dialogues were formed to maintain positive relationships between the Baltimore Jewish community and others in the region. Through dialogue, BJC focuses on working against anti-Semitism and prejudice in partnership with those who reside in the community in which we live. With the dialogues, you can share your thoughts and build relationships with your neighbors.

# **PIKESVILLE SCHOOLS** INITIATIVE

**CHAI: COMPREHENSIVE HOUSING** ASSISTANCE, INC. ➤ chaibaltimore.org

The Pikesville Schools Initiative strengthens public schools in Pikesville in order to provide excellent educational options for neighborhood residents. Through marketing, parent/teacher organizations, increased educational and enrichment programming and fundraising support, the schools are better equipped to provide their students with a stellar education. Volunteers and parents are needed to get involved in advocacy to support our schools.





# We build community by creating partners.

The Associated, together with its community partners such as Baltimore Jewish Council (BJC), CHAI: Comprehensive Housing Assistance, Inc., CHANA and many more, work tirelessly to ensure the safety and cohesion of our thriving community.

### HERE'S A SAMPLE OF WHAT WE ACCOMPLISH:



### **OUR CHILDREN READ AND** LEARN TOGETHER.

3,000 Jewish children's books are delivered each month for free! - to families in the Greater Baltimore area.

### **OUR OLDER ADULTS CAN AGE IN PLACE** WITH DIGNITY.

Each year, we provide more than 1,200 rides – to the grocery store, doctors' appointments and more - to seniors who can't drive. Plus, we make housing affordable to more than 1,600 seniors.



### **OUR ABUSED AND DEFENSELESS HAVE** A VOICE.

On average, we advocate with and on behalf of 150 survivors of interpersonal violence each year.

### **OUR VULNERABLE GET THE HELP THAT THEY REQUIRE.**

Each year, we assist those who are struggling financially by distributing funds to more than 1,450 individuals.

# **Families**<sup>with</sup> Young Children



It's been some time since your bar or bat mitzvah; now you're thinking about your child's. Thankfully, you've come to the right place for putting Jewish values into your family life. Through parenting, education and recreational programs to hands-on volunteering opportunities, join our community to learn, grow and give back – together. associated.org/families

### THE CENTER FOR **JEWISH CAMPING** THE ASSOCIATED

### ▶ livecamp.org

On top of fun, friendships and lifelong memories, the right summer camp can provide a transformative Jewish experience for your child. With 10 local partner camps and more than 150 options around the country, you need a trustworthy source of comprehensive information to choose the right camp. The Center for Jewish Camping is here to help!

### FAMILY FARM DAYS **PEARLSTONE CENTER**

### ▶ pearlstonecenter.org/family-farm-days

Join Pearlstone for monthly Family Farm Days, full of fun, farming and festivities! Each month a new Jewish environmental theme is explored and you can learn skills to practice at home. Visit the animals in the pasture and explore the farm's bounty. Healthy snacks, PJ Library story time and hands-on activities make Family Farm Days a great way to spend a Sunday afternoon.

### **GOT SHABBAT JEWISH COMMUNITY CENTER (JCC)** ▶ jcc.org/gotshabbat

Families with young children are invited to join the J for this monthly community Shabbat celebration held in partnership with area synagogues and local Jewish agencies. You'll connect with other parents and youngsters from the Jewish community while participating in family-friendly Shabbat services and fun activities for children and adults.

## **JEWISH BIG BROTHER BIG SISTER**

### JEWISH COMMUNITY SERVICES (JCS)

▶ jcsbaltimore.org/jewish-big-brother-big-sister Sometimes a child could use a little extra support from a caring adult acting as a mentor and a friend. The Jewish Big Brother Big Sister program matches adult volunteers with Jewish children who need mentoring, including those from single-parent families or families where a member is ill.

### **AFTER SCHOOL CARE** JEWISH COMMUNITY CENTER (JCC)

### ▶ jcc.org/kidscenter Kids Center,

the JCC's after school program promotes your child's social, emotional,



cognitive and physical development. Staff encourages character building and teamwork through a comprehensive curriculum that includes homework help, fitness and outdoor activities, games, art, volunteer projects and enrichment classes.

# **AHAVA BABY** MACKS CENTER FOR JEWISH EDUCATION

### ▶ cjebaltimore.org/ahava-baby

Are you a new parent? Then Ahava Baby is for you and your family! Ahava Baby's programming is fun, neighborhoodbased and where you can meet others at a similar life stage.

### **BABIES, BOOKS AND** BAGELS

**MACKS CENTER FOR** JEWISH EDUCATION (CJE)

**\$**410-735-5000 Enjoy growing together with community and your

baby throughout the year with Babies, Books and Bagels, a partnership program between the JCC and CJE. For children through 16 months.



an unforgettable five-day experience at this overnight family camp in Pearlstone Center's beautiful natural setting. Participate in family programming for children of all ages as well as adult learning in sustainable agriculture, ecology and Judaism. Partake in nature crafts, farm activities and campfires, while meeting and building community with other young Jewish families.

# **JEWISH COMMUNITY CENTER (JCC)**

▶ jcc.org/childrenstheater Children's Theater Production Company helps children in grades one through eight develop imagination, concentration, character, professionalism and technique, while also strengthening command of their body and voice. It offers the perfect dynamic experience for the beginner, who is exploring acting, or the more seasoned actor, who is looking to gain more experience from trained professionals.

### 12

# **CHILDREN'S THEATER PRODUCTION COMPANY**

### **CULTURE CLUB** JEWISH COMMUNITY CENTER (JCC) ▼ jcc.org/cultureclub

Each month, the JCC partners with Baltimore's top arts organizations to offer children in grades one through five the opportunity to experience the wonderful world of visual and performing arts through music, dance, visual arts, culinary

# **FAMILY FARM CAMP**

**PEARLSTONE CENTER** ▶ pearlstonecenter.org/

arts and more.

family-camp

Every summer, enjoy





# **PJ** Library

MACKS CENTER FOR JEWISH DUCATION (CJE)

PJ Library sends free Jewish books and music on a monthly basis to children from age six months through eight years in Baltimore City and Baltimore County. Not only do families get a book, but also are connected to a community of PJ Library families through newsletters and programs.

### **CAN'T GET ENOUGH PJ?**

PJ on the Town offers events for families across cultural institutions hroughout Baltimore, so you can ind out what's Jewish around town and connect with other families. PJ Our Way extends the PJ Library program to children ages nine hrough 11 with books and an online community. PJ ABC connects Baltimore families to families in Ashkelon, our sister city in Israel.



### **THERE'S EVEN MORE PJ AROUND TOWN WITH PJ POP UPS**

ind PJ Library at Trader Joe's, the local

CJEBALTIMORE.ORG/ **PJ-LIBRARY** 

## **J TOWN**

MACKS CENTER FOR JEWISH EDUCATION (CJE) & JEWISH

**CENTER (JCC)** 



awesome play space at the Weinberg Park Heights JCC where everyone is a kid. Families with young children are invited to explore our mini town – complete with a baby garden, stage and costumes, a Jewish home, pet store, bagel shop and more. Play dress up, explore the real PJ Library, take care of "pets" and "work" at the grocery store. Check online for a calendar of events.

# MACKS CENTER FOR **JEWISH EDUCATION** LIBRARY

### MACKS CENTER FOR JEWISH EDUCATION (CJE) ▼ cjebaltimore.org/library

Visitors to the CJE have access to their wonderful lending library of books, CDs and DVDs. There are more than 10,000 resources for teachers and parents, as well as children's books, including many PJ Library titles and books in Hebrew. JCC membership is not required; come browse and explore!

### SHALOM BABY MACKS CENTER FOR JEWISH EDUCATION (CJE)

### ▶ cjebaltimore.org/shalom-baby

Shalom Baby offers childbirth education classes for expectant parents. The classes integrate traditional childbirth education with Jewish learning. Shalom Baby also enables expectant parents to connect with each other as they share this transformative stage of life.

### **TOWSON UNIVERSITY** COMMUNITY **DANCE AT** THE J

JEWISH COMMUNITY CENTER (JCC) ▶ jcc.org/dance Youth ages three

through 10 will learn jazz, tap, ballet and more from the renowned faculty and highly-trained instructors of Towson University Community Dance (TUCD). Accredited by the National Association of Schools of Dance (NASD), the TUCD program promotes an appreciation of the aesthetics of dance as an art form.

# **Volunteering**





# Baby & Me at the JCC

### JEWISH COMMUNITY CENTER (JCC)

Share, socialize and gain new skills at the J – for babies and parents alike! The JCC offers moms and moms-to-be a chance to connect, stay fit and interact with their little ones. Engage your kids with sensory, cognitive and gross motor development. Classes and workshops include:

HELLO BABY – for all new parents and their newborns;

**MOTHER'S CIRCLE** – for women of other religious backgrounds who are raising Jewish children;

**MUSIKGARTEN** – bringing the joy of music and movement to children;

**PRESCHOOL PREP** – for the transition from toddler to preschooler; and more!

Available in Owings Mills, Park Heights and Federal Hill.

JCC.ORG/PARENTING

We can all repair the world (*tikkun olam*) – one volunteer opportunity at a time. Put your Jewish values to work, create a sense of purpose and turn community concerns into action. associated.org/volunteers

## **START OR JOIN A VOLUNTEAM JEWISH VOLUNTEER CONNECTION (JVC)**

# ▼ jvcbaltimore.org/volunteams

Want to make a difference in the community but not sure where to start or how much time you can commit? Create a VolunTeam with your friends and family, or join one already in existence. Discover how volunteering can be flexible, fun and meet vital community needs. Each VolunTeam adopts a project and members have flexibility in deciding how often they volunteer. Current VolunTeam projects serve individuals with special needs, public school students, the environment, homeless individuals, seniors and more. JVC can help identify the right volunteer project for you!

# **JEWISH BIG BROTHER BIG SISTER**

### JEWISH COMMUNITY SERVICES (JCS) ▼ jcsbaltimore.org/change-a-childs-life

Right now, there are children in our community who need a mentor and a friend. Experience the joy of making a difference in a young person's life by becoming a Jewish Big Brother or Big Sister. A "Big" acts as a special friend to a "Little" by offering support and guidance, being a positive role model and doing activities together. It only takes a few hours, two to three times a month. Training and support are provided.

# **ANNUAL DAYS OF SERVICE: GIVE BACK**

### JEWISH VOLUNTEER CONNECTION (JVC) ▶ jvcbaltimore.org/annual-events

Infuse the volunteer spirit throughout your year. Assemble care packages; participate in *mitzvah* projects; beautify the community; and serve in soup kitchens, homeless shelters, senior facilities and more. You can choose to volunteer and help others – putting into practice the simple idea that every single person can do something good. Four annual events are coordinated each year: Day to Unite with Governor's Day to Serve (mid-September); Mitzvah Day (December 25); MLK Day of Service (mid-January); and Good Deeds Day (early April).

CHAI: **COMPREHENSIVE** HOUSING ASSISTANCE, INC. ➤ chaibaltimore.org/ Volunteers of all skill levels

are needed

two to four times during the year to help the community's most vulnerable older adults through winterization of windows and yard maintenance. The greatest benefit of Adopt-a-Neighbor is companionship – establishing an ongoing connection with a neighbor.

# BOOKWORMS

JEWISH VOLUNTEER CONNECTION (JVC) jvcbaltimore.org/bookworms

The Bookworms program provides an opportunity to volunteer once a month in area elementary schools. Volunteers read to children and provide new or gently-used books for classroom libraries.

### **GORDON VOLUNTEER USHERS**

### JEWISH COMMUNITY CENTER (JCC) ▶ gordoncenter.com/volunteer

Volunteers at the Gordon Center for Performing Arts will assist house management with collecting tickets, showing audience members to their seats, selling concessions and, most importantly, creating a pleasant and welcoming environment for the Gordon's patrons. As reward, volunteer ushers are able to watch the performance during their shift.

# **HANDS-ON AT** PEARLSTONE

# **PEARLSTONE CENTER**

▶ pearlstonecenter.org/volunteer Pearlstone Center welcomes individuals interested in a unique and experiential hands-on volunteer opportunity. Volunteers typically assist in the animal pasture, on the farm and in the retreat center. Volunteers require no previous experience in agriculture, but rather an enthusiastic attitude, a love for the

outdoors and a willingness to get dirty. In addition to individual volunteers, Pearlstone offers high school and college internship opportunities that combine farm work with a more specialized area of focus. Volunteer opportunities for families, B'nai Mitzvah groups, corporate groups and service groups are available as well.

# **JEWISH MUSEUM OF MARYLAND VOLUNTEERS**



volunteer docents, gift shop salespeople, receptionists and special events assistants. These positions engage volunteers in the Jewish art, culture and history of Maryland.

### LIVE WITH PURPOSE JEWISH VOLUNTEER CONNECTION (JVC) ▶ jvcbaltimore.org/livewithapurpose

Make hands-on volunteer service part of your parties, holiday celebrations and regular activities. Have fun while making a difference for community members in need. Volunteer projects are tailored to fit certain themes and areas of interest, or can be customized to meet your needs. Examples of projects include making toys and treats for animals at a shelter, decorating magic wizard wands to brighten the spirits of pediatric hospital patients and making blankets for homeless residents of Baltimore.

# **PRO-BONO SERVICES** JEWISH COMMUNITY SERVICES (JCS)

### ▶ jcsbaltimore.org/share-your-professionalskills

JCS needs community dentists to provide pro-bono dental care in their offices for low-income clients who are experiencing dental emergencies. In addition, lawyers are needed to volunteer their time providing pro-bono legal consultation at a monthly drop-in clinic for people with low income.

# **RUSSIAN-SPEAKING** TRANSLATORS

### **JEWISH COMMUNITY SERVICES (JCS)** ▼ jcsbaltimore.org/tutor-translate

JCS needs volunteers to accompany Russian-speaking clients to medical and other necessary appointments to provide translation and help in completing paperwork. Hours are flexible; mileage reimbursement is available.

### SCHOOL COMMUNITY PARTNERSHIP CHAI: COMPREHENSIVE HOUSING

ASSISTANCE, INC.

### ▶ chaibaltimore.org/community-resources/ schools

CHAI's School and Community Partnership Program supports the public schools in the Glen and Fallstaff neighborhoods of northwest Baltimore City. By increasing access to financial and community resources to improve school infrastructure and academic outcomes, CHAI deepens ties between the schools and their surrounding communities. CHAI works closely with principals, teachers, parents and community residents to assess school and student needs and to advocate for public funds, secure private funds, establish program partnerships and implement programs to address those needs.

# SCHOOL TUTORS

### **JEWISH VOLUNTEER CONNECTION (JVC)** ▶ jvcbaltimore.org/school-volunteer-

opportunities Help teachers and students in the classroom. Volunteers commit to at least

one hour per week for the length of the school year and are matched with one student, a small group or one classroom teacher.

### JEWISH VOLUNTEER CONNECTION (JVC) ▼ jvcbaltimore.org

JVC plays matchmaker for potential volunteers, serves as a resource to the Baltimore Jewish community and promotes a culture of volunteerism. JVC professionals meet one-on-one with potential volunteers and place them in opportunities that meet their interests, talents and time constraints.

# **SHOPPERS**

### JEWISH COMMUNITY SERVICES (JCS) ▼ jcsbaltimore.org/support-older-adults

JCS needs volunteers to help older adult clients shop at supermarkets and other stores so that they can remain self-sufficient.

# SPECIAL CONNECTIONS

JEWISH COMMUNITY SERVICES (JCS)

▼ jcsbaltimore.org/visit-adults-with-disabilities Families can volunteer to socialize and interact with adults with special needs as either a one-on-one friend or in a group setting.

# **TRANSPORTATION AND** COMPANIONSHIP

### JEWISH COMMUNITY SERVICES (JCS) ▼ jcsbaltimore.org/support-older-adults

JCS seeks volunteers to drive and escort elderly and disabled clients to medical and other important appointments and to visit homebound individuals.

# is as lucky."

- LINDSAY KLATSKY, LIVE WITH PURPOSE ORGANIZER

- GERT LEVITAN, MITZVAH DAY PARTICIPANT

group of people."

DILLER TEEN FELLOW

**SHARE YOUR TIME &** TALENT



# Why Volunteer?

We can all work to repair the world. The Jewish Volunteer Connection (JVC) coordinates hundreds of thousands of hours of service — an immeasurably important gift to the members of our community.

A FEW OF OUR STELLAR VOLUNTEERS EXPLAIN WHY THEY GIVE BACK:

"It is important to me and my husband, Matt, that our children realize that they are fortunate in that they have a nice home, warm clothes and food on the table, and that not everyone in the world

"Helping others gives one such a feeling of usefulness – a reason that we have been put here not for ourselves alone."

"The experience [with Diller Teen Fellows] has taught me how easy it is to make a change within my community and how effective one voice, no matter what the age, can be in impacting a

- LAUREN OFFERMANN, PAST BALTIMORE

"[On Mitzvah Day,] I helped specifically to organize the winter care packages so they can be delivered to the different organizations ... If we fill 1,500 winter care packages, I know for a fact that I am touching at least 750 of these; therefore, 750 packages are going to these people who need help, and I am touching 750 people. By doing so, I am contributing to a larger number."

- JIM SCHWARTZ, CHAIR OF MITZVAH DAY

"When I volunteer with Bookworms, I get to share my love of reading. I get smiles, laughs and even hugs from the kindergartners. A 2003 study showed that children from high-income families are exposed to 30 million more words than children from families on welfare. In just one hour per month, I get to expose the children I read with to more books, more words and a wider world."

- OCTAVIA SHULMAN, **BOOKWORMS VOLUNTEER** 

# **Overseas**



Each year, thousands from Baltimore travel to Israel to share meals, adventures and meaningful experiences. And it's not just Israel. We're committed to Klal Yisrael (the link between Jewish people in Baltimore, Israel and around the world) – our collaborative initiatives build bridges and create a global community.

associated.org/globalcommunity

# **BALTIMORE-ASHKELON BOOK CLUB**

# MACKS CENTER FOR JEWISH EDUCATION (CJE)

▶ cjebaltimore.org/baltimore-ashkelon-book-club The Baltimore-Ashkelon Book Club connects readers in both Baltimore and Ashkelon through the reading and discussion of books related to Israel, the Middle East and Jewish life. Open to all, the Book Club creates social and educational opportunities through informal settings that deepen the Baltimore-Ashkelon Partnership.

### **BALTIMORE-ASHKELON** PARTNERSHIP THE ASSOCIATED

### ▶ associated.org/baltimoreashkelon

Let the Baltimore-Ashkelon Partnership help you find your connection to Israel. Established in 2003, the Partnership has made meaningful and personal connections between the two cities a top priority. The Partnership is based on mutual values and vision and connects people in Baltimore to Israelis living in its sister city, Ashkelon.

### **BALTIMORE ISRAEL COALITION**

### **BALTIMORE JEWISH COUNCIL (BJC)**

▶ baltimoreisraelcoalition.org

The Baltimore Israel Coalition is a consortium of local organizations working to support Israel through education, advocacy and communitybuilding. Programs include educational and advocacy trainings, missions to Capitol Hill and various other collaborative programs.

# **BALTIMORE-ODESSA** PARTNERSHIP

# THE ASSOCIATED

★ associated.org/odessapartnership The Baltimore-Odessa Partnership offers unique opportunities for people-to-people connections between residents of Baltimore and its sister city, Odessa, through arts and culture, leadership development and Jewish identity, as well as educational programming.

### COMMUNITY **FUND FOR** ISRAEL **EXPERIENCES** MACKS CENTER FOR JEWISH EDUCATION



### ▶ cjebaltimore.org/cfie

(CJE)

The Community Fund for Israel Experiences provides need-based scholarships to Baltimore City/County high school and first-year post-high school students traveling to Israel on an educationally-valid program.

# **ISRAEL ADVOCACY AND AWARENESS PROGRAMS**

### **BALTIMORE JEWISH COUNCIL (BJC)** baltic.org/advocacy-and-awareness

BJC educates, informs and raises awareness in the Jewish and general community about Israel. Through BJC, you can learn more about Israel and related global concerns, take action on behalf of a safe and secure Israel and get involved in the pursuit of lasting peace in the region.

## **THE MARLENE AND STEWART GREENEBAUM VOLUNTEER CENTER IN ASHKELON**

### THE ASSOCIATED & JEWISH VOLUNTEER **CONNECTION (JVC)**

▼ associated.org/baltimoreashkelon/volunteer Founded in 2011, the Marlene and Stewart Greenebaum Volunteer Center in Ashkelon is the central address for volunteerism in Ashkelon, working with individuals, families and groups, including visitors from Baltimore. Volunteer on hands-on, engaging projects alongside Ashkelon residents to foster community and mutual support.

# SHEVET ACHIM (CJE)

### ▶ cjebaltimore.org/shevet-achim

In collaboration with the Jewish Agency for Israel (JAFI), Shevet Achim pairs teachers and students at five Jewish schools in Baltimore and five Jewish schools in Ashkelon by providing a supportive structure and educational benchmarks that guide collaborative learning. The purpose of the program is to develop person-to-person relationships over a period of three years, as teachers guide students to deepen their connections to Israel, Judaism and the Jewish people.

### SHINSHINIM MACKS CENTER FOR JEWISH EDUCATION (CJE)

▼ cjebaltimore.org/cjeshinshinim The Shinshinim are two Israeli young adults who serve as informal educators infusing a special Israeli spirit (ruach Yisralit) into our community. Through programs and events, they ensure that Baltimore's youth and families benefit from a powerful exposure to Israel, Jewish identity and Ashkelon.

# **TRAVEL WITH** THE ASSOCIATED THE ASSOCIATED

# ▶ associated.org/

See Israel and other overseas Jewish communities with The Associated. Whether you are interested in a group experience

# MACKS CENTER FOR JEWISH EDUCATION



or personal trip, The Associated can enhance your travel plans. Join a family trip, explore Israel's business culture with one of the professional network trips, connect with local Jews abroad on a women's or young adults' visit or plan a VIP experience for your own clan.

"Onward Israel seemed like an amazing opportunity to experience Israel like I'd never experienced it before."



### ALEXANDRA KADISH

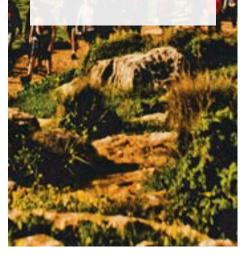
srael participant, llege Graduate

When I learned

about The Associated's Baltimore Onward Israel program, an internship and immersive Israel experience, I was intrigued. I fell in love with Israel on previous trips, and the program seemed like an amazing opportunity to experience life in Tel Aviv, as a local.

I was placed at the Jaffa Institute, an organization that helps underserved children in Tel Aviv/Yafo and beyond. I assisted with grant writing, donor research and outreach. The internship offered a great deal of independence and I was encouraged to take on my own projects. I met fantastic people, was able to live in the most beautiful and resilient country in the world.

> FOR YOUNG ADULT TRAVEL OPPORTUNITIES, **VISIT PAGE 6**



# Jewish Learning & Connections



Experience art, music, volunteerism, sustainability and more, all with a Jewish lens. By adding a Jewish connection to our lives, we can create a thriving Jewish community. Here, we can come together and learn from each other. associated.org/getinvolved

# **JEWISH MUSEUM OF** MARYLAND LEARNING **OPPORTUNITIES**

JEWISH MUSEUM OF MARYLAND AT THE HERBERT BEARMAN CAMPUS (JMM) 🔍 jewishmuseummd.org/



Visit the JMM and tour two historic synagogues

and three exhibition galleries. Immerse yourself in Jewish heritage and culture. Research your family's genealogy in the family history center. Or, attend one of the museum's various programs and special events. Adults, families, students and teachers can enjoy a variety of fun and educational programs.

### **PESACH AT PEARLSTONE** PEARLSTONE CENTER

▶ pearlstonecenter.org/pesach

Pesach at Pearlstone, a 10-day, nine-night Passover vacation experience, allows participants to feel comfortable, cared for and entertained - without having the cooking, cleaning or preparations that can make Passover feel overwhelming. Pearlstone offers an exciting selection of lectures, day camp for kids, fun social activities, game tournaments, on-site entertainment and Chol HaMoed day trips.

### **MODERN HEBREW COURSES BALTIMORE HEBREW INSTITUTE AT TOWSON UNIVERSITY (BHI)**

▶ towson.edu/bhi

BHI offers absolute beginner through advancedlevel modern Hebrew courses in the Pikesville area. Study with experienced professional Israeli Hebrew educators. This non-credit adult education program teaches students to read, write and speak Hebrew.

# **MACKS CENTER FOR JEWISH EDUCATION (CJE)**

### ▼ cjebaltimore.org

CJE promotes and facilitates lifelong learning that nurtures Jewish identity and strengthens Jewish community. The CJE offers creative, innovative and engaging Jewish learning experiences to nurture the mind and develop connections regardless of age, background or affiliation.

# **BALTIMORE HEBREW INSTITUTE AT TOWSON** UNIVERSITY (BHI)

### ▶ towson.edu/bhi

Towson University offers graduate programs in Jewish Studies and Leadership in Jewish Education and Communal Service, as well as special programs and networking opportunities. BHI supports scholarships for TU's Judaic Studies graduate students such as fellowships for Jewish communal professionals. They also offer adult education opportunities, including an extensive Hebrew language program, Tzion course, scholarly lectures, museum trips and film events. BHI hosts a Judaic library of more than 70.000 volumes at the Towson University Albert S. Cook Library.

### **BEIT MIDRASH RETREAT** PEARLSTONE CENTER

▶ pearlstonecenter.org /beitmidrash Join Pearlstone

for an immersive

weekend

exploration of



Jewish texts through a contemporary lens. Contemplate, discuss and grapple with ancient sources with timeless messages. Learn with and from leading teachers and rabbis in order to recall and reclaim land-based traditions.

### **CHESAPEAKE TEVA PEARLSTONE CENTER**

▼ pearlstonecenter.org/teva

This four-day overnight program is offered to regional Jewish schools with students in grades four through seven. Chesapeake TEVA provides students an opportunity to explore their responsibility as stewards of the Earth through a Jewish view. Whether learning about biodiversity from a rotting log, taking a fire-building elective or dramatizing the origins of their lunch before *Birkat Hamazon*, students are engrossed in a community that lives what it teaches.

# EDUCATION, **EXPERIENTIAL** WORKSHOPS AND PEARLSTONE CENTER

▶ pearlstonecenter.org/community-education Bring your class, congregation, staff or youth group on a field trip to Pearlstone Center for a day or overnight program of experiential learning on Pearlstone's Jewish educational farm. Programs engage all ages and backgrounds in experiential education focused on sustainability, agriculture, health, justice and Judaism. In addition, the ropes course offers both high and low elements as catalysts for team building, group bonding and meaningful challenges for both the individual and the group.

### HAKEREM MACKS CENTER FOR JEWISH EDUCATION (CJE)

▶ cjebaltimore.org/hakerem HaKerem is an educational resource store that provides Jewish-themed toys, games, stickers, flashcards and other items that can be purchased for use in the classroom or in the home. Plus, check out the 10,000 volume library and a recycled arts center.

# **HILLEL: THE FOUNDATION** FOR JEWISH CAMPUS LIFE

UMBC | 🛰 umbchillel.org College Park | 🛰 marylandhillel.org

Hillel enriches the lives of Jewish students so that they may enrich the Jewish people and the world. The Hillels in Maryland welcome students of all backgrounds and foster an enduring commitment to Jewish life, learning and Israel. By participating in lifechanging trips and campus initiatives, students learn to make a meaningful impact on the future of the Jewish people while they grow intellectually, socially and spiritually.

# **FIELD TRIPS, COMMUNITY OVERNIGHT PROGRAMS**

# Goucher College | 🛰 goucher.edu/hillel Johns Hopkins University | 🛰 hopkinshillel.org Towson University | 🛚 towsonhillel.org

### HOLOCAUST REMEMBRANCE COMMISSION (HRC) **BALTIMORE JEWISH COUNCIL (BJC)**

▶ baltjc.org/holocaust-remembrance

BJC's HRC honors the memory of the millions who perished during the Nazi era through commemoration and education. Not only does the HRC serve as a liaison to various resources in our community regarding Holocaust matters, but it also offers a wide range of program and resources, including first-hand Holocaust survivor testimony. Attend a program and deepen your understanding of the Holocaust.

# JEWISH NEW **TEACHER** PROJECT (JNTP)



# MACKS CENTER FOR JEWISH EDUCATION (CJE) ▶ cjebaltimore.org/day-schools

JNTP provides one-on-one mentoring to new day school teachers and training for seasoned teachers to become those mentors. JNTP is a subsidiary of the New Teacher Center, a national nonprofit dedicated to improving student learning by accelerating the effectiveness of new teachers and school leaders.

# MARIPOSA

### MACKS CENTER FOR JEWISH EDUCATION (C | F)

### ▼ cjebaltimore.org/day-schools

Through the generosity of the Charles Crane Family Foundation, Mariposa Child Success programs train adults to help children succeed while accelerating the development of the social and emotional competencies that children need to be successful in life.

## **MELTON ADULT EDUCATION**

### MACKS CENTER FOR JEWISH EDUCATION (CJE)

▶ cjebaltimore.org/adults The Florence Melton School of Adult

Jewish Learning provides lifelong Jewish learning experiences for adults. The program offers a pluralistic, diverse and socially interactive environment in a variety of locations throughout Baltimore and Harford County. Courses include Israel, mysticism, Jewish history, Bible studies, ethics and life cycle events.

### IAC KESHET SFARIM MACKS CENTER FOR JEWISH EDUCATION (CJE)

### ▼ cjebaltimore.org/IAC-keshet-sfarim

IAC Keshet is an enrichment program for families with children ages 2-8. Cultivating a connection to Judaism, IAC Keshet brings together Hebrew language learning with Israeli culture through hand-picked children's books.

TZION BALTIMORE **HEBREW** INSTITUTE **AT TOWSO UNIVERSITY (BHI)** ▶ towson.edu/bh TZION is an adult

education course that explores the history of Zionism and the state of Israel. The course, taught by Neil Rubin, Ph.D. on Wednesday evenings, is attentive both to historical context and the content of ideas.

# Learning happens at any age

It doesn't matter if you've been out of school for two months or 25 years - you can enrich your Jewish education nenever! SO, WHAT DO OUR AVERAGE JEWISH LEARNERS LOOK LIKE IN OUR COMMUNITY?

THEY ARE YOUNG AND INQUISITIVE. More than 300 young children enrolled in one of our JCC's educational programs.

THEY HAVE PRIDE IN ISRAEL. More than 2,400 people went to programs run by our shinshinim (young Israeli emissaries).

### THEY ARE PROFESSIONAL.

ore than 380 professionals attended ne of the Darrell D. Friedman Institute for Professional Development's 950 educational sessions that focused on improving the quality of our community's programs and services.

# THEY LOOK FOR EXPERIENCES.



INTERNOLD LATERTHINK

The Jewish Museum of Maryland served more than 4,300 students and teachers through onite field trips and outreach activities.



THEY TAKE CARE. In one calendar year, Pearlstone Center saw more than 6,000 people make the trek to their arm to participate in their environmenta education programs

For a listing of day schools, please visit associated.org/communityresources/schools

# Professionals



Whether your goal is to grow your business, turn your care for the Jewish community into action or connect with industry leaders, do it by networking through The Associated. We bring together professionals of all backgrounds and interests who share your passion for Jewish community and philanthropy. associated.org/professionals

22

# **CAREER CENTER**

### JEWISH COMMUNITY SERVICES (JCS) ▼ jcsbaltimore.org/job-seeking

The JCS Career Center is dedicated to helping all individuals, including teens and persons with special needs, find and maintain employment. Write an eye-catching cover letter, format the perfect resume, network like a pro and ace that interview! JCS helps people find jobs in a variety of industries and at all levels - entry level to executive.

# **MARYLAND/ISRAEL DEVELOPMENT CENTER (MIDC)**

### ▶ marylandisrael.org

MIDC is a nonprofit organization that promotes bi-lateral trade and investment between Maryland and Israel. It is a "public-private partnership" between Maryland's Department of Business and Economic Development, Israel's Ministry of Economy and The Associated. Volunteers can join one of several committees including: the Baltimore-Ashkelon Economic Development Committee, the Information Technology and Cyber Security Committee, the Life Sciences Committee, the Membership Committee and the Montgomery County Committee.

# **PLANNED GIVING ROUND** TABLE (PGRT)

### THE ASSOCIATED

▶ associated.org/pgrt PGRT brings togethe professionals from a variety of disciplines who may be involved in some aspect of a planned gift to charity.



Participants have the opportunity to network, hear from nationally-recognized planned giving and financial experts and enhance their skills by incorporating charitable planning techniques in clients' tax, financial and estate planning.

### **Professionals**

# THE DARRELL D. **FRIEDMAN INSTITUTE** FOR PROFESSIONAL **DEVELOPMENT AT THE** WEINBERG CENTER (DFI)

### ▼ thedfi.org

For professionals working in Jewish organizations, DFI provides opportunities for expanding leadership and management skills while building Jewish knowledge that impacts the unique work we do in the Jewish community. Participation in workshops offers a path to stronger Jewish organizations, enhanced work with our lay partners and excellence in the workplace.

# EARLY CHILDHOOD **EDUCATORS PROFESSIONAL** DEVELOPMENT

MACKS CENTER FOR JEWISH EDUCATION (CIE)

▼ cjebaltimore.org /early-childhoodeducation-0

The CJE offers ongoing professional development opportunities for early childhood educators in Jewish preschools and child care settings in Baltimore City and Baltimore County. MSDE-approved workshops focus on a wide variety of topics, including child development, special needs, Jewish values and practice, creative approaches, emergent curriculum and more.

Learn about networking opportunities around town. Sign up here: associated.org/stayintouch



▼ jcsbaltimore.org/employers

AND

JCS assists employers with recruiting and finding gualified employees who meet the specific needs of their business, at no cost to the employer. When employers list their open positions with JCS, their account representatives work tirelessly to find the right match among the Career Center clients. JCS also provides employers with professional outplacement services for displaced workers at competitive market rates.

# **FUNDING FOR EDUCATORS**

MACKS CENTER FOR JEWISH EDUCATION (CJE)

### ▶ cjebaltimore.org/grants

CJE administers a wide variety of grant funds that provide financial assistance for educators and school programs, including the Congregational School Professional Development Grant, the Crane Full-Time Teacher Benefit and the Crane Professional Development Grants.

### **INSTITUTE FOR** PROFESSIONAL DEVELOPMENT **JEWISH COMMUNITY SERVICES (JCS)**

★ jcsbaltimore.org/professional-development

The Institute for Professional Development of JCS offers professional development workshops for social workers and other human service providers. JCS is approved by the State Board of Social Work Examiners to offer Category I Continuing Education Credits for social workers and psychologists. JCS also provides CPR and First Aid training for individuals or groups.

# Seniors (55+)



The opportunity to lead a rich, vibrant life exists here in Jewish Baltimore. Whether you need health care, housing or other community resources, an enhanced quality of life awaits each and every older adult. You can age with grace, dignity, purpose and joy. associated.org/seniors

# **Network with The Associated**

Advance your networks and leadership skills through The Associated's philanthropic, educational and networking events and programs.

**REAL ESTATE INDUSTRY GROUP** (REIG): Network at Baltimore's most innovative development projects with REIG. Often held on-site at real estate projects in various stages of development, these networking and educational opportunities bring together professionals interested in deepening their relationships with one another and the Baltimore Jewish community.

MAIMONIDES SOCIETY: Learn with other Jewish healthcare professionals. The Associated's Maimonides Society hosts industry-related programs, through a Jewish lens, that are open to all healthcare professionals.

JEWISH PROFESSIONAL WOMEN (JPW): Amazing energy and connections. New perspectives on work, life and personal growth. JPW provides opportunities for career-minded women to network, socialize and learn together.

ASSOCIATED.ORG/PROFESSIONALS

# **NORTHWEST NEIGHBORS** CONNECTING (NNC)

### CHAI: COMPREHENSIVE HOUSING ASSISTANCE, INC. ▶ chaibaltimore.org/nnc

NNC is a mutual support network, or "village," dedicated to helping seniors and people of all ages live well in their neighborhoods. Everybody has something to give and everybody has something to gain. NNC members not only receive services but they can also assist other members.

### SAFE: STOP ABUSE OF ELDERS CHANA, JEWISH COMMUNITY SERVICES (JCS) AND LEVINDALE

### ▶ chanabaltimore.org/elderabuse

SAFE is a comprehensive approach to address the needs of seniors facing abuse at the hands of an intimate partner, family member or caretaker. Services include educational and awareness workshops for seniors, their loved ones and caretakers as well as organizations that serve our older population. Coordinated advocacy, counseling, legal services and appropriate shelter is also available.

# **EDWARD A. MYERBERG** CENTER

### **CHAI: COMPREHENSIVE** HOUSING ASSISTANCE INC.

▶ myerberg.org Since 1976, the Edward A. Myerberg Center has been



helping active adults 55+ in Baltimore stay fit, creative and connected. The Myerberg Center is a true community center, not only for the 1,200 members, but for the entire northwest Baltimore community. Members enjoy more than 125 classes each year - in art, literature, current events, popular culture, technology, health and fitness, foreign language and religion. The center also provides vital social services needed by many members of our community, including access to resources, counseling and support groups.

# ARTS AND CULTURE EVENTS AND CLASSES

### JEWISH COMMUNITY CENTER (JCC) icc.org/arts-culture

Older adults can become a part of the JCC's creative community! Whether you have untapped artistic ambitions or are just an art enthusiast, bring out your inner artist at the J. Try an art class with talented instructors from Baltimore's best arts organizations, take part in intelligent discussions about current events or the latest read, catch a flick at the Baltimore Jewish Film Festival and see performances in the beautiful 550-seat Gordon Center for Performing Arts.

## BALTIMORE HOLOCAUST SURVIVORS AND DESCENDANTS GROUP (BHSD)

BALTIMORE JEWISH COUNCIL (BJC) ► baltjc.org/ services-forholocaust-survivors BIC's BHSD

BJC's BHSD commemorates

and honors the memory of the Holocaust, educates the community about this event in human history, preserves and passes our Jewish heritage to the younger generation, encourages the descendants not to let the Holocaust be forgotten and combats anti-Semitism and Holocaust deniers.

### CAREGIVING AND AGING JEWISH COMMUNITY SERVICES (JCS)

▼ jcsbaltimore.org/aging-caregiving

JCS helps older adults age in place with maximum independence and dignity. Specialists in gerontology offer older adults, their families and caregivers upto-date information and resources, expert advice and senior-focused services that support healthy living, promote safety and improve quality of life.

### EATING TOGETHER CHAI:

COMPREHENSIVE HOUSING ASSISTANCE, INC. Myerberg Center: \$ 410-358-6856

### Weinberg Senior Living Buildings: weinbergseniorliving.com

Adults ages 60 and older can enjoy a nutritious, kosher meal with each other. Engaging conversation can be found at The Myerberg Center and many Weinberg Senior Living buildings. Lunch and dinner times vary.

### ELDER CARE MANAGEMENT JEWISH COMMUNITY SERVICES (JCS)

► jcsbaltimore.org/care-management Elder Care Management supports individuals in their desire to continue living in their own homes or in other settings with maximum independence and dignity while providing their family and caregivers with peace of mind. The JCS Care Management team provides a comprehensive individual assessment and creates a personalized plan of care. They also coordinate services, advocate with health care professionals and provide ongoing communication with the family.

## MILLBROOK FRIENDLY NEIGHBORHOOD (MFN)





Baltimore County. Residents have access to critical case management and services in both English and Russian.

# NORTHWEST SENIOR SHUTTLE (NWSS)

### CHAI: COMPREHENSIVE HOUSING ASSISTANCE, INC. \$410-889-1148

The NWSS provides free and reliable transportation for residents of the Weinberg Senior Living buildings in Pikesville and Park Heights, as well as members of Northwest Neighbors Connecting. NWSS offers daily shuttle service to grocery stores, local shopping centers, libraries, senior centers and special excursions. Make a reservation today!

## SENIOR DROP IN JEWISH COMMUNITY CENTER (JCC) \$410-484-0399

Make the Weinberg Park Heights JCC your home away from home on Tuesday afternoons. Participate in conversations, as well as educational, social and recreational activities. Each week is unique and includes lunch; membership not required.

# SENIOR HOME REPAIR & BENEFITS PROGRAM

# CHAI: COMPREHENSIVE HOUSING ASSISTANCE, INC.

CHAI ensures that each year 200 lowincome senior and disabled persons' households in Northwest Baltimore receive necessary home safety repairs, modifications, assistive devices and access to other related services.

# SERVICES FOR HOLOCAUST SURVIVORS

# ► jcsbaltimore.org/holocaust

JCS offers a number of social services, supports and resources for Holocaust survivors, including financial assistance, home care subsidies, counseling and service coordination. In addition, JCS hosts the Holocaust Survivors Social Club where participants have the opportunity to get together monthly for social gatherings, cultural activities, musical programs, guest speakers and luncheons.

# SUPPORTIVE COMMUNITY NETWORK (SCN)

# CHAI: COMPREHENSIVE HOUSING ASSISTANCE, INC.

The Supportive Community Network is a resource for communities throughout Jewish Baltimore that want to start a "village" that supports its residents to age well in the community. SCN provides consultation, project management support, partnership development, program development and much more.

# WARM HOUSES JEWISH COMMUNITY CENTER (JCC)

 410-484-0399
 Groups gather weekly in their homes to participate in conversations, activities and education. Participants meet monthly for large-scale special programs with a featured presenter and an opportunity to

# WEINBERG PARK ASSISTED LIVING

# CHAI: COMPREHENSIVE HOUSING ASSISTANCE, INC.

interact in a larger group setting.

Weinberg Park Assisted Living provides assisted living services to up to 36 residents with kosher meals, social opportunities and help with activities of daily living.

# WEINBERG SENIOR LIVING

### CHAI: COMPREHENSIVE HOUSING ASSISTANCE, INC.

▶ weinbergseniorliving.com

Weinberg Senior Living offers quality, affordable apartments for seniors and older adults with disabilities in 16 buildings throughout northwest Baltimore. All 1,600 residents can take advantage of numerous services and activities, including Eating Together meal programs and shuttle bus transportation.



# From Abroad to Baltimore

Growing up in the Ukraine, Miriam Fromberg only knew two Jewish holidays: Chanukah and Passover. Her grandmother used to give Chanukah gelt to family members and smuggle *matzah* during Passover.

"My grandmother would disappear for the night, and I used to ask my parents, 'Where is grandmother?' They told me, 'She will be back. She will be back,' but they wouldn't tell me where she went.

Very early in the morning – when it was still dark – she would come back with a filled pillowcase. We didn't know what was in the pillowcase.

Turns out, it was *matzah* – big, round *matzah*. Handmade. That's how we knew it was a Jewish holiday."

Today, Miriam has five grandchildren and two great-grandchildren – whom she calls her greatest achievement.

DO YOU HAVE AN INSPIRING, ASSOCIATED STORY TO SHARE? LET US KNOW ONLINE AT ASSOCIATED.ORG/TELLUSYOURSTORY

# **Special Needs**



Live your best life - regardless of ability. Whether you're looking for inclusion programs at school or camp, Jewish Baltimore is here every step of the way – from infancy to adulthood. associated.org/specialneeds

# SHEMESH

# ▶ shemeshbaltimore.org

SHEMESH provides the educational support necessary for Jewish children with learning differences to reach their full potential in a Jewish setting. A team of professionals offers services to the Jewish day schools, including early intervention, social skills training, reading intervention, executive function coaching, professional development and supporting inclusion, co-teaching and specialized instruction in the learning centers.

## **JCAMPS INCLUSION** PROGRAM

### **JEWISH COMMUNITY CENTER (JCC)**

▶ jcc.org/camps/owings-mills/special-needs The J Camps Inclusion

Program serves children ages five to 13 with mild to severe learning, developmental, social, emotional and physical disabilities. Children are



included in camp bunks with their non-disabled peers and participate in exciting general camp activities paired with a one-on-one counselor who assists with the inclusion process.

# **BALTIMORE JEWISH ABILITIES** ALLIANCE (BJAA)

### JEWISH COMMUNITY CENTER (JCC) ▼ jewishabilities.org

The BJAA is an outreach effort designed to support and connect individuals with different needs and their families through all stages of life. The BJAA connects people through many different venues, such as workshops, programs and community events. The website acts as a guide for supporting your loved ones from early childhood to adulthood, as well as access to more than 400 community resources and related events.

### **AFTER SCHOOL INCLUSION AT THE KIDS CENTER**

JEWISH COMMUNITY **CENTER (JCC)** ▼ jcc.org/ specialneeds Children with



participate alongside their typically-developing peers in the Kids Center and TNTU after-school programs with support and resources from qualified staff. Participants experience dynamic activities while paired with one-on-one counselors to help them with the inclusion process.

### **ARTS WITH YACHAD** JEWISH COMMUNITY CENTER (JCC) ▶ jcc.org/specialneeds

Adults with developmental disabilities make fun craft and ceramic projects. Everyone has a work of art to take home!

# **CENTER FOR JEWISH** EDUCATION'S JILL FOX **MEMORIAL FUND**

### MACKS CENTER FOR JEWISH EDUCATION (C | F)

### ▼ cjebaltimore.org/jill-fox-fund

The Jill Fox Memorial Fund, Inc. partners with the Macks Center for Jewish Education to provide grants to individuals with unmet medical and healthcare needs - related to the areas of autism, childhood obesity or childhood mental illness – that are not paid for by other sources (e.g. medical insurance, government agencies, etc).

## CHADD SUPPORT **GROUP FOR PARENTS OF CHILDREN WITH ATTENTION DISORDERS** SHEMESH

🔭 shemeshbaltimore.org/shemesh-calendar If your child has trouble staying on task or focusing, SHEMESH and CHADD of Greater Baltimore invite you to join its support group that meets the first Wednesday of every month

### **CHAVERIM CLUB** JEWISH COMMUNITY CENTER (JCC) ▶ jcc.org/specialneeds

This program, for adults who have mild to more severe developmental and/or physical disabilities, consists of recreational and leisure-time activities including arts and crafts, games and holiday celebrations that encourage the adults to have positive interactions and experiences with their peers.

# **COMMUNITY-BASED** SERVICES JEWISH COMMUNITY SERVICES (JCS)

▶ jcsbaltimore.org/living-with-special-needs JCS provides counseling, advocacy and case management services to children, adults and families of individuals with special needs. Other services include assistance with independent living skills, tutoring and obtaining special equipment. JCS helps families obtain resources, services and funding through the Developmental Disability Administration (DDA) and other sources.

# **EMPLOYMENT SERVICES** FOR PEOPLE WITH SPECIAL NEEDS

### JEWISH COMMUNITY **SERVICES (JCS)** 🔭 jcsbalti

# job-seeking

The JCS Career Center is certified by Maryland's Developmental Disabilities Administration, Division of Rehabilitation Services and Behavioral Health Administration to provide specialized services that help individuals with disabilities find and maintain employment. Tailored to each client's unique needs and goals, career assessments, employment readiness training, job search assistance, job development and placement, job coaching, long-term supported employment, benefits counseling, case management and advocacy are provided by JCS' specially-trained and experienced staff.





### **GESHER LATORAH** MACKS CENTER FOR JEWISH EDUCATION (C | F)

### ▶ cjebaltimore.org/gesherlatorah

Gesher LaTorah is a community-based religious school for students with significant special needs. Meeting every Sunday, students age four to 21 enjoy enriching programs rooted in Jewish values and learn about Jewish concepts such as community, Torah, Hebrew, prayer, customs and holidays. Personalized bar/bat mitzvah consultation is available to help families create a meaningful lifecycle event.

# **GETTING TOGETHER** CLUB

### JEWISH COMMUNITY CENTER (JCC) ▼ jcc.org/specialneeds

This weekly social group offers activities for adults who want to improve their social life, life skills and emotional wellbeing at the JCC and in the community.

### **JEWISH ADVOCATES FOR DEAF EDUCATION (JADE)** MACKS CENTER FOR JEWISH EDUCATION (CJE)

### ▶ cjebaltimore.org/jade

JADE promotes inclusion and access for individuals who are deaf and hard of hearing, and offers funding and support for Oral and Sign Language interpreters at Jewish community events. JADE provides Jewish learning workshops and activities for the Jewish campers at the Deafblind Camp of Maryland.

# **KARMA DOGS**

# MACKS CENTER FOR JEWISH EDUCATION

### ▶ cjebaltimore.org/karma-dogs

Shy or reluctant readers can join the CJE monthly to read with Karma Dogs from H.E.A.R.T.S. (Help Encourage All Readers to Succeed). These dogs are friendly, nonjudgmental and good listeners. For five to12 year olds; adult supervision is required.

# KEEP LIVING AND LEARNING (KLAL)

### JEWISH COMMUNITY CENTER (JCC) jcc.org/specialneeds

This self-contained camp program is for young adults ages 16 to 25 with learning, developmental, social, emotional and physical disabilities. Participants will engage in vocational training, life skill building, community service projects, trips and therapies. The program will also feature a camper-run café for family members and JCC staff. KLAL extends beyond camp with KLAL for Every Season, a place for teens and young adults with a wide range of special needs to develop appropriate social skills and friendships, increase self-esteem and develop a feeling of connection to the Jewish community.

### MARYLAND SPECIAL NEEDS ADVOCACY PROJECT (MDSNAP) MACKS CENTER FOR JEWISH EDUCATION

### MACKS CENTER FOR JEWISH EDUCATION (CJE) Cjebaltimore.org/mdsnap

MDSNAP provides access to testing and services for families of children with a wide range of learning differences, special needs and diagnosed disabilities. The project offers free educational advocacy to families with children from birth to age 21. The project serves as a repository of information and can help families find the support and resources they need.

### RESIDENTIAL PROGRAMS FOR ADULTS

### JEWISH COMMUNITY SERVICES (JCS)

★ jcsbaltimore.org/living-with-special-needs JCS residences enable adults with developmental disabilities to live as independently as possible and participate fully in community life. JCS provides residential services in nine professionally-staffed homes – Alternative Living Units (ALUs) – in Northwest Baltimore City/Baltimore County communities, each home to three adults with developmental disabilities.

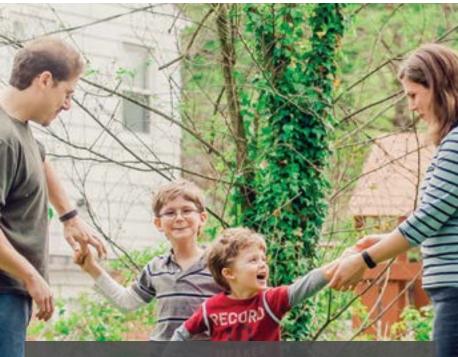
# SUNDAY FUNDAY JEWISH COMMUNITY CENTER (JCC)

★ jcc.org/specialneeds
Sunday Funday is an afternoon of recreational and social activities for children ages five to 15, including games, arts and crafts, music, drama, cooking and physical activities that respond to their needs. This is a great venue for children to develop appropriate social skills and friendships, enhance coordination, increase self-esteem and create a feeling of acceptance in the community.

### TAG MACKS CENTER FOR JEWISH EDUCATION (CJE)

### ▶ cjebaltimore.org/tag

TAG – Torah, Avodah and Gmilut Chasadim, meaning Bible study, prayer/ work and acts of kindness and goodwill – is a program for adults over the age of 17 with special needs. Meeting weekly to connect their Jewish heritage and community in an age-appropriate setting, TAG students also learn self-advocacy.



# TJ and Ethan

His blog, *Dad Enough*, started as a writing space, says T.J. Casser, a place where he could share the roller-coaster of raising a child with autism. "Too few dads talk about it and many dads and families do not know about available resources."

One of the family's main resources became the JCC, a welcome ally as T.J. and his wife Jocelyn organized activities for Ethan, now 8. Diagnosed as a preschooler, Ethan thrived first at the JCC's preschool camp, Noah's Ark, and is now an active camper in the inclusion program at J Camp. He attends a local school for children with special needs and the J's School's Out program during winter and spring breaks. Ethan also enjoys Sunday Funday, an activity program for children with special needs, including swimming, Ethan's hands-down favorite activity.

"We love how welcoming everyone is and how they look out for him," says T.J. "We feel like part of a large family. Everything is so much better than we thought it could be."

CONTRACTOR OF A

# Services



We all need a little help sometimes – help getting by when times are tough, help applying for a loan, help overcoming an addiction. Whatever your need is, Jewish Baltimore will extend a helping hand. associated.org/gethelp

### **CAREER CENTER** JEWISH COMMUNITY SERVICES (JCS) Spisbaltimore.org/job-seeking

The JCS Career Center is dedicated to helping all individuals, including teens and persons with special needs, find and maintain employment. Write an eye-catching cover letter, format the perfect resumé, network like a pro and ace that interview! JCS helps people find jobs in a variety of industries and at all levels – entry level to executive.

# ABUSE SUPPORT SERVICES CHANA

### ▶ chanabaltimore.org

CHANA is the Baltimore Jewish community's response to interpersonal violence, including domestic violence, sexual abuse and mistreatment of older adults. A wide range of services are offered including crisis intervention, counseling referrals, legal advocacy, kosher safe house and safety planning for victims, survivors and their families. Workshops on healthy relationships, dating abuse, stalking and cyberbullying are available for students of all ages and their parents. Consultation, education and training on effective responses are available for schools, synagogues and other institutions.

### FORECLOSURE PREVENTION CHAI: COMPREHENSIVE HOUSING ASSISTANCE, INC.

# chaibaltimore.org/housing-services-loans

CHAI provides home retention counseling to mortgage-stressed homeowners. CHAI works with homeowners to reach a mutually sustainable resolution with their mortgage servicers to assist families in staying in their homes.

# CONNECTIONS TO RESOURCES AND SERVICES

### JEWISH COMMUNITY SERVICES (JCS) is jcsbaltimore.org

JCS offers programs, services and resources that can meet the diverse needs of individuals and families throughout the Greater Baltimore area. From information about social services and local support groups to where to find the closest kosher market and everything in between, trust JCS to connect you to the community resources you need.

### **Support Services**

### **ADDICTION SERVICES** JEWISH COMMUNITY SERVICES (JCS)

▶ jcsbaltimore.org/addiction-services JCS addresses the challenges of substance use, abuse and addiction through recovery-focused individual, family and group counseling treatment and referral services. JCS also offers age appropriate prevention education and outreach to children, teens and adults.

# **ASSISTANCE FOR NON-ENGLISH-SPEAKING AMERICANS**

### JEWISH COMMUNITY SERVICES (JCS) ▼ jcsbaltimore.org/services

JCS provides service coordination that helps non-English-speaking Americans connect to community services and resources. JCS also has volunteers who can translate nonmedical terminology at medical and other important appointments and tutors who can help clients gain English language skills needed for employment applications and interviews.

# **ECONOMIC SUPPORT** SERVICES

### JEWISH COMMUNITY SERVICES (JCS) ▼ jcsbaltimore.org/achieving-financial-stability

Service Coordinators at JCS work with individuals and families experiencing financial setbacks, helping them to assess their situation and develop strategies for regaining self-sufficiency. This may include providing benefit eligibility screening and application assistance, facilitating connections to resources and services and enhancing money management skills.

## **EMOTIONAL WELL-BEING JEWISH COMMUNITY SERVICES (JCS)**

▶ jcsbaltimore.org/emotional-well-being When you need help getting over a rough spot or through a hard time, you can turn to JCS's highly-trained and experienced licensed clinical social workers, counselors, psychologists and psychiatrists. JCS professionals work with families, children, adolescents, couples and adults to develop solutions for life's

challenges and to maintain a healthy perspective on life.

# FALLSTAFF APARTMENTS CHAI: COMPREHENSIVE HOUSING ASSISTANCE, INC. ➤ chaibaltimore.org

Fallstaff Apartments, CHAI's first Affordable Family Housing project, provides 16 units of affordable family housing, two of which are fully accessible, to families in the northwest Baltimore City Neighborhood of Fallstaff. The project primarily serves residents with incomes at or below 60 percent of Area Median Income.

# **HEBREW FREE LOAN** ASSOCIATION (HFLA)

### ▶ hebrewfreeloan.org

For more than 100 years, the Hebrew Free Loan Association has provided interestfree loans. When it was founded in 1898. HFLA may have helped a peddler start a business by lending him money to buy a horse and a cart. Today, a would-be entrepreneur is more likely to need a computer than a horse, but the principle is the same. Whether you have a family emergency or a bar mitzvah to plan, doctors' bills or a home in need of repair, Hebrew Free Loan can help.

## **HOMEBUYER LOANS** CHAI: COMPREHENSIVE HOUSING

ASSISTANCE, INC. ▶ chaibaltimore.org/housing-services-loans Potential homebuyers interested in living in the northern Park Heights neighborhoods of Glen and Fallstaff don't have to go through the process alone. CHAI provides no-interest loans and assists with access to incentives through Baltimore City, Healthy Neighborhoods, Inc. and other programs. In addition, CHAI provides assistance with managing home renovations as well as information on local, state and lender financial incentive programs.

### JLINK

### **JEWISH COMMUNITY SERVICES (JCS)** 🔭 jlinkbalt.org

We're your first stop – no matter the question. jLINK is your guide to all of the resources - caregivers, charities, camps, legal services and more – right in your neighborhood!

### LEGAL CONSULTATION **JEWISH COMMUNITY SERVICES (JCS)**

### ▶ jcsbaltimore.org/jls

Jewish Legal Services offers a free, monthly, walk-in clinic for lowincome individuals. Community lawyers volunteer their time, offering brief pro-bono consultations on a variety of legal issues, including consumer/ bankruptcy, landlord-tenant, family and immigration questions. All consultation is confidential and protected by attorneyclient privilege.

# **NEW HOMEBUYER EDUCATION &** COUNSELING

# CHAI: COMPREHENSIVE HOUSING ASSISTANCE, INC.

➤ chaibaltimore.org/housing-services-loans CHAI is a HUD approved housing agency that provides homebuyer education

and individual pre-purchase counseling. CHAI also offers information about homes for sale and referrals to housing

professionals for potential homebuyers interested in living in the northern Park Heights neighborhoods.

### **PREVENTION EDUCATION** JEWISH COMMUNITY SERVICES (JCS)

# ▶ jcsbaltimore.org/prevention

JCS provides educational programs that increase knowledge and awareness about substance use, abuse, addiction, the spread of HIV/AIDS, bullying and other risky behaviors that can impact well-being. These programs provide information to help children, teens and adults make healthy decisions for themselves and those important to them.

# **PSYCHIATRIC REHABILITATION PROGRAM (PRP)**

# JEWISH COMMUNITY SERVICES (JCS)

▶ jcsbaltimore.org/psychiatry-services The JCS PRP helps people with chronic mental illness maintain or improve their independence, social living skills and functioning at home and in the community. One-on-one and group support is provided to help each individual maximize independence and to prevent relapse or re-hospitalization.

### THE SHOFAR COALITION CHANA

### ▶ chanabaltimore.org/sexualtrauma

The Shofar Coalition is the community's collaborative response to adult, adolescent or childhood trauma. Services include professional trauma therapy for women, men and children; professionally facilitated healing groups for adults; community and synagoguebased healing services; and training and educational forums for teachers, parents and organizational professionals and lay leaders.



# Building Healthy Relationships

For more than 20 years, CHANA has offered a Jewish community response to the needs of persons who experience abuse and other forms of interpersonal trauma. Knowing that 50 to 80 percent of teens report knowing someone in an abusive relationship, CHANA provides customized workshops that help teens understand what is healthy and unhealthy in a relationship.

# How can you tell what's healthy or unhealthy?

### A HEALTHY RELATIONSHIP **MEANS YOU CAN:**

- Hang out with friends and family
- Feel respected and appreciated
- Be yourself
- U Walk away
- Talk openly and freely
- Put your phone down

### AN UNHEALTHY RELATIONSHIP **MEANS YOU ARE:**

- □ Isolated from your friends and family
- Made fun of in front of others
- Told what to do and what to wear
- Scared to end the relationship
- Afraid to say the wrong thing
- Expected to always answer a call or text

Remember, friends make sure friends are safe you can make a difference in one person's life.



IF YOU NEED HELP OR YOU'D LIKE TO SCHEDULE AN EDUCATIONAL PROGRAM, CALL CHANA AT 410-234-0030 OR VISIT CHANABALTIMORE.ORG/TEENS

# Teens



Leadership training, becoming a camp counselor, joining Maccabi and more. Connect with other teens through after school and weekend programming. Where else can you make a difference and have fun all at the same time? associated.org/teens

### **DILLER TEEN FELLOWS** JEWISH COMMUNITY CENTER (JCC)

# ▶ 4frontbaltimore.org

Diller Teen Fellows is a 15-month international partnership that inspires and empowers Jewish teens to be active, effective leaders. We give you the tools, feedback, and guidance needed to experiment, collaborate and grow as a leader, while exploring your own Jewish identity. You'll also connect with teens in Baltimore's partner city, Ashkelon.

## **ELIJAH CUMMINGS YOUTH** PROGRAM IN ISRAEL (ECYP) **BALTIMORE JEWISH COUNCIL (BJC)**

▶ ecyp.org ECYP builds bridges between Baltimore's diverse communities. ECYP provides selected high school students with the tools and real-world opportunities they need to become future leaders. This is accomplished through mentoring, a trip to Israel and participation in the Jerold C.

Hoffberger Leadership Enhancement Program.

# **JCC MACCABI EXPERIENCE JEWISH COMMUNITY CENTER (JCC)**

### ▼ jcc.org/maccabi

The JCC Maccabi Games are open to Jewish teens ages 13 to 17. Each year our Baltimore delegation sends hundreds of athletes to the various host cities for competition in sports including soccer, basketball, volleyball, bowling, baseball, table tennis, tennis, swimming, softball, dance and

track and field. JCC Maccabi ArtsFest is an arts experience for Jewish teens, taking place annually during the summer in selected communities

throughout North America. The program strengthens bonds to Jewish heritage, community and Israel.



### JEWISH COMMUNITY CENTER (JCC) ▼ jcc.org/aquatics/certifications

Be the best babysitter you can be when you're American Red Cross certified. Teens ages 11 to 14 receive American Red Cross instruction in basic infant care, first aid for burns, bleeding, choking, head injuries, poison prevention and treatment and safety precautions.

## **4FRONT**

### JEWISH COMMUNITY CENTER (JCC) K 4 frontbaltimore.org

4Front is Baltimore's open channel to Jewish teens who want to lead

collaborate, learn and create positive, tangible change in their community and in the world at large. 4Front



teams you up with other teens so your idea can build and grow and spark into a movement. You'll get hands-on experience doing community-service, leadership and innovation training, and even opportunities to travel. You'll also get to hang out with people your age who share your interests, and do cool stuff that will help make the world a better place.

# **HAZAMIR BALTIMORE JEWISH HIGH SCHOOL** CHOIR

### JEWISH COMMUNITY CENTER (JCC) ▶ jcc.org/high-school

HaZamir Baltimore, one of 30 chapters of HaZamir: The International Jewish High School Choir, provides teens the opportunity to gather together, sing Jewish choral music, build community and connect to teens in the U.S. and Israel. The program fosters a lifelong commitment to Jewish culture and music in young people and builds a strong foundation for future Jewish involvement among its participants.

# **ISRAEL HIGH** (CIF)

### ▶ cjebaltimore.org/israel-high

Through this program, the CJE prepares high school students in anticipation of any anti-Semitism or anti-Israel sentiments that they may encounter on college campuses. By drawing on the most effective international organizations, CJE ensures that students have a strong sense of Jewish identity and the tools to feel confident and proud.

# JOIN

★ jointeens.org JOIN offers teens ages 11 to 18 a variety of programming that addresses the real issues they face in today's complex world. JOIN's professionally-trained Teen Outreach Staff can be found in the community meeting teens where they are – at a local coffee shop, pizza place, synagogue, teen center, as well as on social media – providing programs, promoting healthy decision-making or lending an ear. Staff also helps teens or their families connect to community resources, services, programs and community service opportunities.

# **MIDDLE SCHOOL** LEADERSHIP COUNCIL JEWISH COMMUNITY CENTER (JCC)

# ▶ jcc.org/teens/leadership

The Middle School Leadership Council is a group of teen leaders who work together to create programs for their peers while gaining leadership and team building skills.

# MACKS CENTER FOR JEWISH EDUCATION

# SOCIAL INNOVATION FELLOWSHIP

### **JEWISH COMMUNITY CENTER (JCC)** ▲ 4 frontbaltimore.org

A hands-on, 9-month dive into innovation that will put teens in the driver's seat to make a real difference. They will be guided by innovation experts and community business leaders as they hack the social challenges of your community, school or planet, with an entrepreneurial mindset and a selfdeveloped approach.

### JEWISH COMMUNITY SERVICES (JCS)

# **STUDENTS TAKING ACTION FOR CHANGE** (STAC)

### JEWISH COMMUNITY CENTER (JCC) ▶ 4frontbaltimore.org

Teens can flex their leadership muscles and get political by working with local and state legislators, alongside the Baltimore Jewish Council, to create change in the community. They will get real experience lobbying, public speaking and grassroots organizing, while learning what it takes to create change at the local, state and federal levels.

# **TEEN GIVING INITIATIVE** (TGI)

### JEWISH COMMUNITY CENTER (JCC)

▲ 4 frontbaltimore.org TGI puts the "fun" in fundraising! Teens pick a cause that they support and research fundraising opportunities from



groups and individuals. They then get to allocate the funds to non-profit organizations through a grant process, gaining real-world experience in public speaking, group decision making, planning events, soliciting donors and allocating money to charities.

# **TEEN SERVICE COUNCIL**

### JEWISH COMMUNITY CENTER (JCC) K 4 frontbaltimore.org

This is an opportunity to take the lead in creating a public service program. Teens will work with community non-profits to develop their own service project, then recruit their friends to help make it happen. They will discover how to identify vital needs in the community and incorporate Jewish service learning in recruiting and leading others to see their project through.



"A big part of Judaism is community – and at the JCC, you are part of that community."



Our mothers tell us we met when we were two - in the JCC's Mommy and Me class – although we have to admit we can't remember that far back. What we do know is that the J has been a part of our lives ever since- and one of the reasons we're still best friends.

When we decided to go to different high schools, it would have been easy to grow apart. Yet, thanks to the J, we continued to keep in touch, getting together to play basketball and becoming teammates on the Maccabi basketball team. We now had scheduled time to hang out, while doing what we loved. The J was our community...where we felt at home.

### **READ MORE AT ASSOCIATED.ORG**/ **OURSTORIES**



# Women



You feel it — the draw to make the world a better place, the need to serve with purpose and meaning. Through volunteer programs, community leadership roles and philanthropic opportunities, every woman matters here. Come as you are, give as you can, grow as you do. associated.org/women

# ASSOCIATED WOMEN AND **OUR COMMUNITY**

### ▶ associated.org/womer

Whether you give a gift in your own name, attend a community-wide event or participate in a smaller, personalized volunteer experience, Associated Women creates memorable, exciting ways to make a difference in Jewish Baltimore. Previous activities have included creation of a public art project, tree planting and food preparation for donation to a local shelter.

# **CHANA**

### K chanabaltimore.org

CHANA provides support, counseling and assistance to Jewish victims of domestic violence and empowers them to obtain safe environments for themselves and their families. Confidential services include a telephone helpline, individual counseling, legal services and community education.

# **CHAPTER TWO**

### **ASSOCIATED WOMEN** ▶ associated.org/chapter2

Chapter Two, a 10-month educational and engagement program recruits those who are at a stage in their lives when they are looking to grow as Jewish women. This program is for women who are looking to learn about themselves, The Associated and its agencies; to take part in experiential learning and hands-on social action; and to capture their passion and turn it into action. Chapter Two is offered every other year.

# **INSPIRED** WOMEN'S PROJECT

# **ASSOCIATED WOMEN** ▶ associated.org/v



Inspire a woman, inspire a family. Inspire

a family, inspire a community! This is the goal of the new pilot program, Inspired Women's Project, launched in February 2017. These women participate in year-long sessions in which they meet each month and discuss topics such as personal growth, spirituality, Israel engagement, Jewish traditions, community involvement and women's philanthropy. The program includes an eight-day trip to Israel, in partnership with Jewish Women's Renaissance Project.

# **JEWISH** WOMEN'S GIVING FOUNDATION **OF BALTIMORE** (JWGF)



### ASSOCIATED WOMEN ▶ associated.org/jwgf

JWGF provides women with an opportunity to create social change for women and girls through a collaborative grant making process. JWGF members pool their resources to make grants in the Jewish and secular community, both locally and overseas, while learning about our community's most pressing needs and discovering their power as leaders in women's philanthropy.

# JUMP START FOR WOMEN JEWISH COMMUNITY SERVICES (JCS)

▼ jcsbaltimore.org/jump-start-women

Women who are entering or reentering the workforce can face unique challenges and barriers, especially if they have limited experience. The JCS Career Center offers Jump Start for Women, a job readiness program that combines a customized curriculum-based classroom component with one-on-one career coaching and job placement assistance.

# SERVICES ADDRESSING WOMEN'S ISSUES

# JEWISH COMMUNITY SERVICES (JCS) ▶ jcsbaltimore.org

JCS offers an array of programs and services that address challenges and issues faced by



women today including caregiving, parenting, postpartum depression, career advancement, work-life balance, body image and more.

# **Networking with Jewish Professional** Women (JPW)

Amazing energy and connections. New perspectives on work, life and personal growth. Jewish Professional Women provides opportunities for career-minded women to network, socialize and learn together.

A FEW OF OUR JPW WOMEN GIVE US SOME **INSIGHTS ON LEADING A SUCCESSFUL PROFESSIONAL LIFE:** 

# On advice to her younger self:

"Know that everyone in your industry started out at the beginning. Those you look up to the most were just like you at one point and time. Try to learn from those who came before you and recognize that you cannot be an expert on day one."

- LAURIE WASSERMAN

### On work/life balance:

"My tip is to put down your device (phone, tablet, computer, etc.) and do something fun." - ELISSA KOHEL

### **On career challenges:**

"My greatest challenge thus far was learning how to be a great manager. went to seminars and took feedback from my superiors ... I learned being an active listener is key." - HINDY LEEDER

# Ways to Give

# LEAVE A LEGACY

You give generously now to help make this community a wonderful place to live. Leaving a legacy ensures your grandchildren and succeeding generations will live in a community supported by your enduring gift that reflects your values. There are many ways to leave a legacy. You can: make a bequest in your will; name The Associated as the beneficiary of your IRA or retirement plan; establish a charitable income plan; make an outright gift of cash, stock or other property; or use life insurance.

### DONATE

associated.org/give Do you care about the well-being of our Jewish community? If so, consider making a gift to The Associated. Your one gift —large or small— touches far more lives, far more profoundly than you might imagine. Maximize your donation by asking about your company's matching gifts program.



# 

# **UNITED WAY**

Clocking out of the office and tuning into the needs of our community. Elevating your everyday work into a mission. In the office and out, you're an important part of the picture. Do your part to help The Associated provide a healthy, vibrant and strong Jewish community in Baltimore. If your company runs a United Way Workplace Campaign, designate your United Way gift to The Associated.





Why do we give? We give because we must, because we can and because we have received. We give our money, our talent and our time. We give because we value Jewish experiences and have hope for tomorrow.

# ASSOCIATED FUNDRAISING **VOLUNTEERS**

410-727-4828



The Associated is looking for volunteers who are passionate about doing good in the community to help raise funds for its Annual Campaign. Join a team of dedicated men and women who care about the well-being of the Jewish community, locally and globally.

# **CORPORATE SPONSORS PROGRAM**

Through The Associated's Corporate Sponsors Program, your company can reach one of the most affluent and influential consumer markets in Baltimore, while providing for the social service, health and welfare needs of thousands of people in Baltimore.

receive benefits such as opportunities to attend special events and VIP receptions. Whether your company is interested in reaching a community-wide audience, a specific market or supporting a particular community issue, The Associated's Corporate Sponsors Program offers a variety of partnership packages that can be tailored to meet your company's needs.

### associated.org/professionals



# Spend your Weekend in Jewish Baltimore

Jewish Baltimore is the place we call home. Uptown, downtown and everywhere in between, you're all part of the picture. Check out these organizations that make our community connected, enriching, fun and full of Jewish life.

### COMMUNITY CONNECTOR PROJECT MACKS CENTER FOR JEWISH EDUCATION

(CJE) cjebaltimore.org/cjeconnectors The Community Connector Project services those in the community searching for meaningful, relevant programming in their neighborhood. The community connectors will take you out for coffee, schmooze and discuss what you are looking for as a Jewish person and/or family and will connect you to those interests.

## JEWISH MUSEUM OF MARYLAND AT THE HERBERT BEARMAN CAMPUS (JMM)

### jewishmuseummd.org

The Jewish Museum of Maryland, located blocks from the Inner Harbor, offers visitors a chance to uncover Jewish history. Tour the Lloyd Street Synagogue, the nation's third oldest surviving synagogue, visit "Voices of Lombard Street," which explores Baltimore's rich immigrant history in East Baltimore, enjoy traveling exhibits that explore the Jewish American experience and participate in a wide range of cultural and academic events for children, adults and families.

### SHALOM BALTIMORE

JEWISH COMMUNITY CENTER (JCC) shalombaltimore.org Shalom Baltimore welcomes individuals who are new to Baltimore's Jewish community. Newcomers are matched with a volunteer who meets them in person and delivers a welcome basket with gifts and community information.

# THE GORDON CENTER FOR PERFORMING ARTS

### gordoncenter.com

The Gordon Center is a professional, state-of-the-art entertainment venue that showcases amazing and eclectic performances. Located on the campus of the Rosenbloom Owings Mills JCC, the Gordon is the premier performing arts center in Baltimore County. The season features local, national and international touring artists in music, dance, comedy, lectures, family shows and films.

## DOWNTOWN BALTIMORE JEWISH COMMUNITY CENTER (DBJCC)

JEWISH COMMUNITY CENTER (JCC) dbjcc.com

DBJCC helps families with young children enjoy life downtown. There is a drop-in play space for kids to enjoy as well as a downtown version of the popular Tot Shabbat and a variety of Baby and Me classes. Programs are open to Jewish and non-Jewish families with focus on early child development, parent education, neighborhood networking and more. Downtown families can also gather at the DBJCC to welcome Shabbat with light appetizers, drinks, challah and Shabbat blessings.

# <u>The Connectors</u>

"We create a place of belonging," says Carly Greenberg, a Community Connector through the Louise D. and Morton J. Macks Center for Jewish Education (CJE). For young families building their Jewish future, that means learning with others at the same stage – a key goal of the CJE Connector program. With a phone call, conversation or activity, people connect to people and learn about Jewish Baltimore along the way.

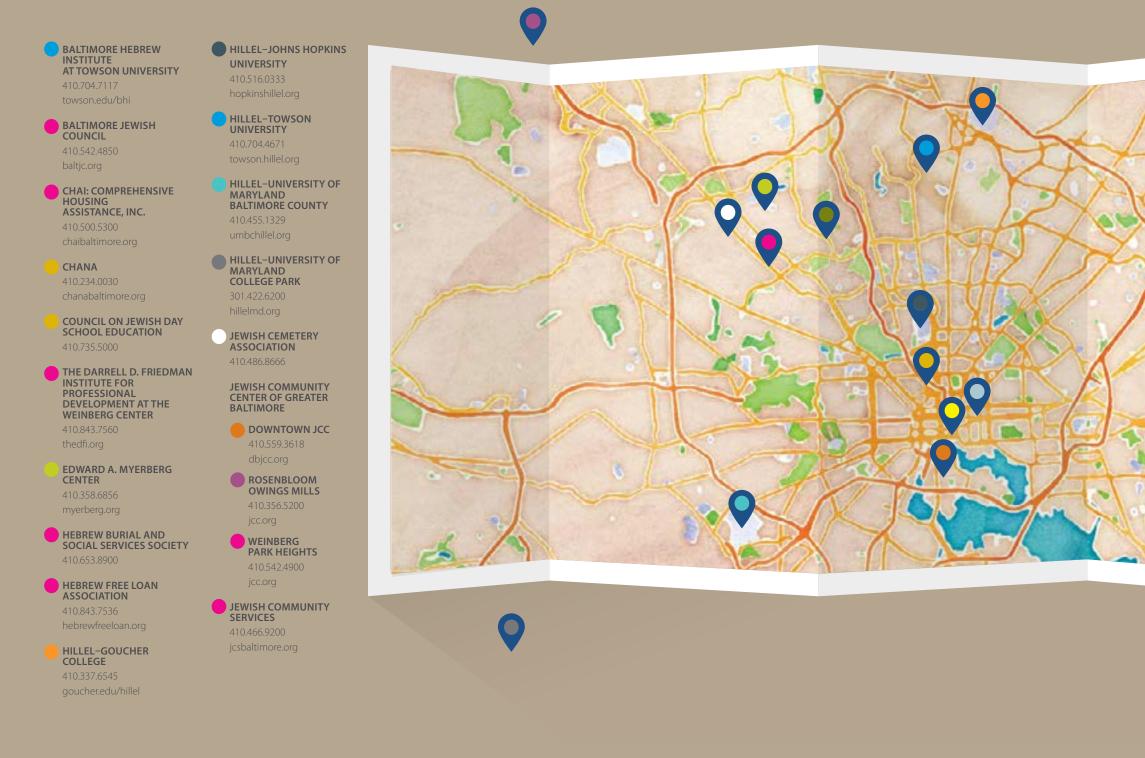
Enter creative, family-friendly fun – with a dash or more of Jewish. During Family Winter Fun Days in December, Carly and Jessica Fink organized a tumble of activities: a singer, puppet show, story time and a craft. "We worked with Jewish Volunteer Connection (JVC) to teach children how to make noisemakers and then create kits for children in area hospitals," said Carly. That teachable moment introduced the concept of *tzedekah* to little ones. Jessica launched the Fantasy Football Jewish Mom League with a draft party. During the season, the lively group grew to 18 women who met weekly to cheer on the players while learning about Jewish Baltimore. While they came for football, they left with firsthand knowledge about PJ Library, CJE, Associated agencies and volunteering in the community, says Jessica.

III, To meet the needs of uptown and downtown families and work schedules, Jessica and Carly vary event locations and times. Mothers painted hamsahs during a Mom's Night Out at a Mt. Washington studio. Similarly, a downtown Challah Bake sold out. "Our goal is to bring new people in, connect Jewish families and let people know what's available at every age," says Jessica.

Connectors benefit, too. Born just two years ago, the CJE Connector program features an 11-month course that gives would-be connectors opportunities to meet others, grow leadership skills and dive deeply into Jewish Baltimore. "Our connectors are also taking that Jewish journey and asking themselves, 'What kind of Jewish life do I want for my family?" says Lisa Bodziner, director, CJE educational engagement.

# Agencies & Programs

Our service agencies and programs, whose opportunities fill these pages, make our community tick – handling everything from housing assistance to professional development, from special needs programming to senior living, from recreational activities to educational enrichment. We wouldn't be the robust, uplifting community that we are without their tireless efforts.





### JEWISH MUSEUM OF MARYLAND AT THE HERBERT BEARMAN CAMPUS

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> \* Levindale Hebrew Geriatric Center and Hospital and Sinai Hospital are constituent partner agencies that do not receive an allocation from The Associated Annual Campaign; however, they do receive funding from endowments managed by The Associated.

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